



Year 7 Weekly Newsletter W/C 11th January 2020

Dear Parents and Students

Welcome to this week's newsletter. Please do take a moment to read through the letter below so that you are aware of the information described within the content.

Happy New Year!

I hope you had a pleasant (if perhaps quieter) Christmas holiday, and that despite our being confined again, you have managed to stay positive at the start of this new year.

I know that you were looking forward to seeing your classmates again, and that you probably would have preferred being in class to learn rather than on your own, behind a computer screen. However, I would like to congratulate you on such a strong and committed start to *home learning 2021*! Well done on continually attending the remote classes, on time, and with the aim of learning. Such a day can be daunting, so make sure that you take some time each day to have a proper conversation with someone, or get out for some fresh air, for a change of scenery. A good routine, and good-quality sleep at night, can be as important for your well-being as anything else. That includes being up in time to have some breakfast and even to go for a walk (after all, you would do if you had to go to school).

Key info/reminders for the new term ahead:

- Check in at 8.50 each morning with your form tutor on Teams
- You now have an online assembly via Teams at 8.50 every Monday – accessible by joining the Year 7 Assembly team
- Attend all online lessons each day and consistently check Show My Homework for homework or Life Skills tasks
- Contact teachers if you missed the online lesson – it demonstrates good manners and means they have an opportunity to inform you of anything that came up in the lessons that was not on Show My Homework
- If you couldn't attend the live lesson, then use the lesson material on SharePoint (links in pink on Show My Homework) to catch up
- Remember, there will still be normal "homework" set each week on SMH
- If your teachers ask you to send them some work, then make sure you do this promptly
- Remember that we still expect high standards of work and behaviour, even from home

Wellbeing

Your form tutors and I are still here for you if you have any concerns - just email us.

New Year – new you? Try taking the Body Positive 30 Day Mental Wellness Challenge. More information here:

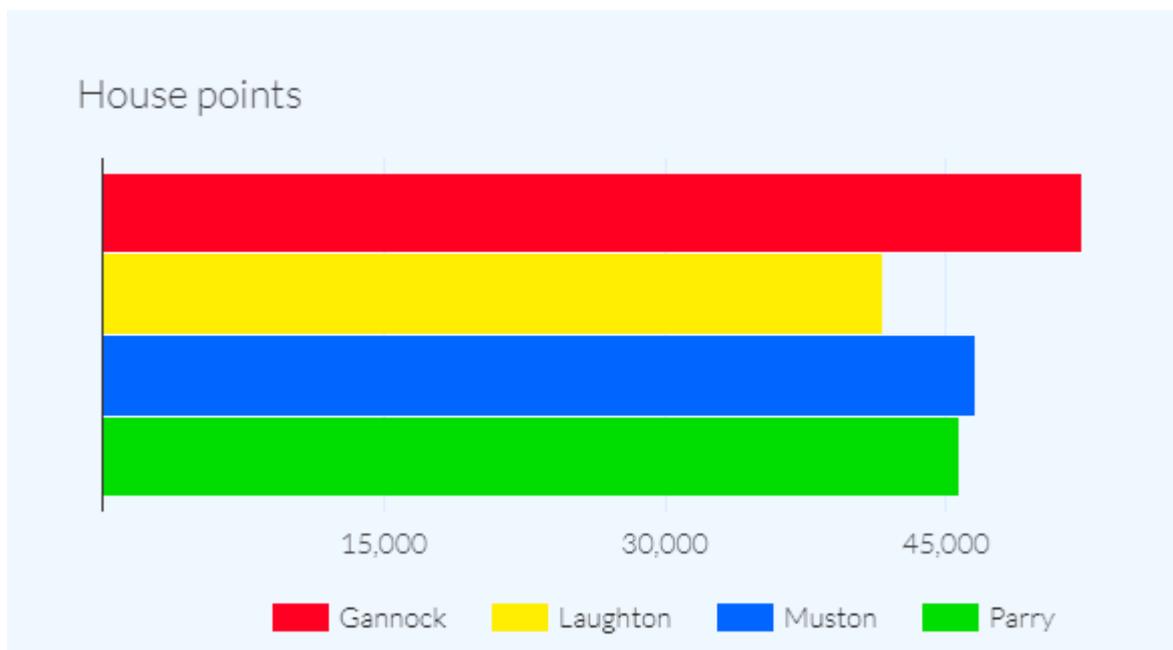
<https://www.bbc.co.uk/programmes/articles/2pvpYmNxDthSXN7zcZRYWd/take-the-body-positive-30-day-mental-wellness-challenge>

Technology and internet access

You may already be aware but you can access Teams sessions, Office 365 and SharePoint via your Xbox or PS4/5. Because the consoles have web browsers you can use these to log in to your Office 365 account as you would on any other device and navigate from there. The link below is a video aimed at parents from a YouTuber that has been helping to support access generally but is also a useful link on how to do it should you need it. There are many others out there. <https://www.youtube.com/watch?v=mfrSCeedsmE>

House Points

We start the New Year looking like this:



In the first four days of term 633 house points were issued to Year 7 students.

Well done to 7G who received the most house points last week – a whopping 369!

To see which student is currently in the lead, check the leader boards on Epraise.

And finally...

A little update on our stick insect-mascots; they have grown a lot since they were introduced to 7L and they are still going strong! Derek is still dancing in his enclosure and Waldo likes to blend with barks so that I cannot find him.

I would like to wish you all a very successful term. Stay safe and hope to see you all soon.

Best wishes,

Miss Boularand